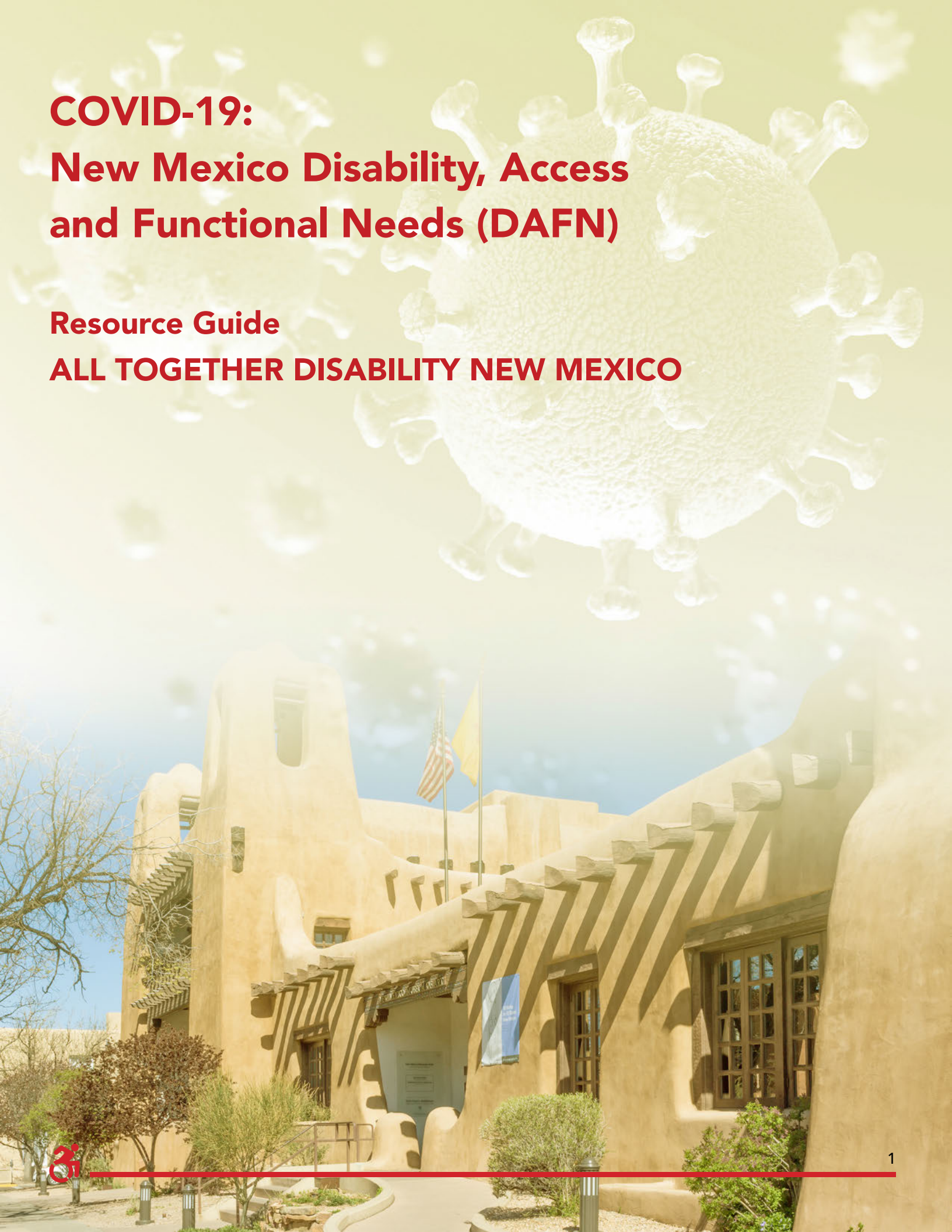
COVID-19:
New Mexico Disability, Access and Functional Needs (DAFN)

Resource Guide
ALL TOGETHER DISABILITY NEW MEXICO



COVID-19: New Mexico Disability, Access and Functional Needs (DAFN) Resource Guide
ALL TOGETHER DISABILITY NEW MEXICO

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Last updated 06-02-2020: This document is continuously updated. To share additional resources or to request the guide in an alternate format such as large print: call/text 505-629-9626 or email Eli.fresquez@state.nm.us or Loren.DeAzevedo@state.nm.us

COVID-19 New Mexico DAFN Resources

Recent Updates

1. Public Health Update**********

    - Governor Lujan Grisham and the New Mexico Department of Health issued an amended Public Health Order for the state of New Mexico, dated June 1, 2020. The order is in effect through June 20, 2020. Masks will continue to be required of everyone in public places, with exceptions for eating, drinking, and exercise, and medical requirements. See latest updates from the press room here. See full list of businesses and services deemed essential here and find FAQs online here.

      The Public Health Order makes it clear that disability related services and support are part of essential functions needed to continue operating in every community. That includes personal care services and direct support services. This order has been extended until May 15, 2020. On enforcement, the State has ramped up surveillance of businesses to ensure compliance. Violators of the public heath order could lose their license to operate and face civil or criminal penalties. New Mexicans wishing to report a violation will soon be able to call the non-emergency COVID-19 state hotline 1-833-551-0518.

      COVID-19 is a serious illness for anyone who tests positive, but for some people with disabilities such as those with underlying health conditions, particularly if not well controlled, including people with: chronic lung disease or moderate to severe asthma - serious heart conditions - weak immunity - severe obesity [BMI of 40 or higher] - diabetes - chronic lung disease undergoing dialysis - liver disease should take extra precautions.

      Additionally, older adults, individuals who live in nursing homes, long-term care facilities, assistive living, detention facilities, pregnant women, undocumented immigrants and homeless populations should also take extra precautions.

      Vulnerable individuals should follow these additional guidelines:

      i. Stay at home as much as possible
      ii. Make sure you have access to several weeks of medications, groceries and supplies in case you need to stay home for prolonged periods of time
      iii. When you go out in public, keep away from others who are sick, wear a mask (unless medically inappropriate), limit close contact and wash your hands often

2. New Mexico Department of Health (NMDOH) Coronavirus microsite (cv.nmhealth.org) and Dashboard (cvprovider.nmhealth.org/public-dashboard.org) Spanish cv.nmhealth.org/spanish and Vietnamese cv.nmhealth.org/vietnamese

    a. Coronavirus Health Information Hotline: 1-855-600-3453
        i. Public Information
        ii. NMDOH: Isolation Guidance
        iii. NMDOH: Information for Clinicians
        iv. New Mexico Testing Locations

3. State of New Mexico (newmexico.gov)

    a. For non-medical issues such as questions about the impact of school closures and job issues a new Coronavirus Information Hotline: 1-833-551-0518
        i. Education
        ii. Jobs and Economy and information for those experiencing Financial Hardship
        iii. Early Childhood
        iv. State Service Impacted
        v. For Service Providers
        vi. All Together New Mexico: COVID-Safe Practices for Individuals and Employers
    b. Seniors and Disabled Adults Food Access Hotline: 1-800-432-2080
    c. New Mexico Workers affected by COVID-19: 1-877-664-6986
    d. VIDEO: New Mexico Commission for the Deaf and Hard of Hearing: ASL Video

4. All Together New Mexico Fund

    a. Santa Fe County Foundation: All Together New Mexico Fund

5. New Mexico Behavioral Health Collaborative

    a. New Mexico Behavioral Health Collaborative: COVID-19 Resource Center

6. New Mexico Corrections

    a. New Mexico Corrections Department: Agency Updates
    b. New Mexico Corrections Department: COVID-19 Updates and Resources

7. Primary Federal Resources

    a. Coronavirus.gov
    b. ADA.gov: COVID-19
    c. USA.gov: Coronavirus
    d. CDC: COVID-19
    e. Homeland Security: COVID-19
        i. FEMA
    f. Benefits.gov
    g. U.S. Department of Labor
    h. U.S. Department of Health and Human Services
    i. Department of Health and Human Services: Treatment Guidelines
    j. Social Security Administration and COVID-19

Information for Older Adults and Seniors

8. Older Adults and Seniors

    a. New Mexico Aging and Long-Term Services Department: Changes as a Result of Coronavirus
    b. American Association of Retired Persons (AARP)
    c. New Mexico Care Planning Counsel
    d. John A. Hartford: Coronavirus Disease (COVID-19) Resources for Older Adults, Family Caregivers and Health Care Providers
    e. Johns Hopkins Medicine: Coronavirus Caregiving for the Elderly
    f. National Council on Aging: COVID-19 Resources for Older Adults and Caregivers
    g. VIDEO 'Go Home!': Mel Brooks and Son Max Share a Comedic PSA on the coronavirus
    h. VIDEO: CDC COVID-19 What Older Adults Need to Know
    i. *Grocery Stores Around the State are Opening Early for Seniors: Subject to Change

Store	Hours	Seniors	Disability
Smiths	6:00AM-8:00AM (Mon,Wed,Fri)	X	
Walmart	One Hour Early (Tue Only)	X	
Target & CVS	One Hour Early (Tues and Wed)	X	X
Farmers Country Mkt (Roswell and Portales)	6:00AM-8:00AM Every day (except Sun in Roswell)	X	
La Tienda Thriftway (Carlsbad)	8:00AM-9:00AM	X	
Fenn's County Mkt (Artesia)	6:00AM-8:00AM (Tue, Wed, Thu Only)	X	
John Brooks Super-Mkt	Early Sundays call for details	X	
Dollar General	One Hour Early	X	

Whole Foods	7:00AM-8:00AM each day		
Albertsons	7:00AM-9:00AM (Tue, Thu Only)	X	X
Safeway	7:00AM-9:00AM (Tue, Thu Only)	X	X
Big Lots	First Hour Open	X	X

Disability Specific Information

9. Developmental Disabilities

    a. New Mexico Developmental Disabilities Planning Counsel: COVID-19 Updates (505) 841-4519
    b. New Mexico Department of Health: COVID-19 Information for Developmental Disabilities Providers
    c. Health Matters Program: Webinar Series
    d. Green Mountain Self Advocate: Plain Language COVID-19
    e. VIDEO: Mid-Atlantic ADA Center: Clear and Simple: Coronavirus COVID-19 Safety Guide

10. Neuromuscular Disabilities

    a. NMD United:COVID-19 Plan and Preparation Guide for Adults Living with Neuromuscular Disabilities

11. Diabetes

    a. Diabetes.org: Staying Health During COVID-19

12. Muscular Dystrophy

    a. Muscular Dystrophy Association: Help Prevent the Spread of Coronavirus

13. Multiple Sclerosis

    a. Multiple Sclerosis Foundation: MS and coronavirus – What do you need to know?
    b. Multiple Sclerosis Foundation: Emergency Assistance Grants

14. Behavioral and Mental Health
    a. New Mexico Behavioral Health Collaborative: COVID-19 Resource Center:
    b. New Mexico Human Services Department: COVID-19 Toolkit
    c. New Mexico Crisis and Access Line: COVID-19 Resources 1-855-662-7474
    d. National Alliance on Mental Illness(NAMI): COVID-19 Resources and Information Guide
    e. American Psychological Association Service Inc: COVID-19 and Psychology Services: How to Protect Your Patients and Your Practice
    f. American Foundation for Suicide Prevention
    g. National Action Alliance: COVID 19 and Suicide Prevention
    h. The Association for Addiction Professional: COVID-19 Resources
    i. Substance Abuse and Mental Health Services Administration: COVID-19 Guidance and Resources

VIRTUAL PLATFORMS' ACCESSIBILITY

- Zoom Accessibility
- Captioning on Zoom
- Google Hangouts Accessibility
- Microsoft Teams Accessibility
- Captioning on Microsoft Teams
- GoToMeeting Accessibility

15. Blind and Low Vision
    a. New Mexico Commission for the Blind: Resource Guide
    b. National Federation of the Blind COVID-19: Concerns and Connections
    c. American Federation for the Blind: Coronavirus (COVID-19) Resources
    d. Freedom Scientific: Free Jaws, ZoomText

16. United Cerebral Palsy
    a. United Cerebral Palsy: COVID-19 Response
    b. Cerebral Palsy Today: About COVID-19 for Cerebral Palsy Patients

17. Kidney Disease
    a. American Kidney Fund: Coronavirus, COVID-19 and kidney patients: what you need to know
        i. American Kidney Fund: COVID-19 Updates
        ii. Patient Resource Guide: COVID-19
    b. American Kidney Fund: 3 Reasons the Coronavirus is affecting kidney transplants
    c. National Kidney Foundation COVID-19
    d. Center for Medicare & Medicaid: Guidance for Infection Control and Prevention for

Coronavirus Disease 2019 (COVID-19) in dialysis facilities

e. CDC: Interim Guidance for Infections Prevention and Control for Patients: COVID-19 in Out Patient Hemodialysis Facilities
f. Kidney Community Emergency Response: COVID-19

18. Autism

a. Autism society: COVID-19 Preparedness and Resources
b. National Autistic Society: Tips for Autistic People and Families
c. Disability Scoop: Autism and Social Distancing

19. HIV and Aids

a. HIV.gov: Coronavirus and People with HIV
b. Aids Foundation of Chicago: Coronavirus, COVID-19 and People Living with Aids

20. Deaf and Hard of Hearing

a. New Mexico Commission for Deaf and Hard of Hearing
b. New Mexico Commission for Deaf and Hard of Hearing: Agency Update
    i. VIDEO: NM Governor's May 16, 2020 order vlog in ASL with Subtitles
    ii. VIDEO: Governor Michelle Lujan-Grisham's May 1, 2020 Order
    iii. VIDEO: What to Do if You Have COVID-19 Symptoms
    iv. VIDEO: Governor Michelle Lujan-Grisham's Stay Home Order vlog in ASL with Subtitles
    v. VIDEO: What New Mexicans Need to Know About Coronavirus (ASL)
c. VIDEO: Certification Commission for Healthcare interpreters: Tips COVID-19
d. VIDEO: CDC: COVID-19 ASL
e. National Association of the Deaf: Coronavirus
f. Coronavirus Visual Tool
g. National Association of the Deaf: Best Practices and Information
h. National Association of the Deaf: Communicating with Medical Personnel During Coronavirus
i. Deaf Hard of Hearing Technology Rehabilitation Engineering Center
j. National Deaf Center On Postsecondary Outcomes: COVID-19 Important Information and Updates
k. Registry of Interpreters for the Deaf Inc: Resources for Deaf, Hard-of-hearing, and DeadBlind People
l. Safe 'n' Clear: Cleat Surgical Mask
m. Hearing Loss Association of America: Coronavirus and HLAA Events
    i. How Do I communicate with Doctors, Nurses, and Staff at Hospitals During COVID-19
n. Rotted in Rights: How to Make Virtual Meetings/Events Accessible

o. National Institute on Aging: Hearing Loss A Common Problem for Older Adults

21. Obsessive Compulsive Disorder (OCD)

    a. Unstuck An OCD Movie for Kids: Coronavirus and OCD

22. Spinal Cord Injuries

    a. United Spinal Association: The Coronavirus Crisis and Its Impact on People with Disability
    b. New Mobility: Disability-Specific Recommendations for COVID-19

23. Rehabilitation

    a. New Mexico Access VR: Media Release COVID-19
    b. National Rehabilitation Information Center: COVID-19 Stuck at Home Resources to Stay Active

24. Communication

    a. Patient Provider Communication: Supporting Communications with Patients who have COVID-19
    b. Communication First: COVID-19 Communication Rights Toolkit
    c. FEMA: Accessible Public Service Announcements Category B: Emergency Protective Measures and Accessible Communications
    d. World Health Organization: Guidelines for Communicating
    e. Community Resources for Communication
    f. CDC: Print Resources

Service Animals and Pets

25. Service Animals and Pets

    a. NYC Emergency Management: Service Animals and Pet
    b. Human Society: Pets and COVID-19
    c. CDC: Interim Guidance for Public Health Professionals Managing People with COVID-19 in Home Care and Isolation Who Have Pets or Other Animals
    d. CDC: Pets and COVID-19
    e. New York State Animal Protection: COVID-19 and Animal Shelters
    f. Animal Sheltering: Coronavirus (COVID-19) Shelter Kit

New Mexico Independent Living Centers

26. New Mexico Independent Living Centers
    a. LILRU (Independent Living Research Utilization): COVID-19
    b. List of New Mexico Independent Living Centers Independent NM Living Centers
    c. Funds and Guidance Available to CILs to Operate Food Pantries

General Information: COVID-19 and Disability

27. General Information on COVID-19 and Disability
    a. DisabledPerson.com: What Do People in the Disabled Community Need to Know
    b. Center for Disability Rights: Action Steps for Attendant Service Users in Response to Coronavirus Disease 2019 (COVID-19)
    c. Forbes: COVID-19 Teaches Us A Lot About Differences In the Disability Community
    d. World Institute on Disability: National Call to Action
        i. VIDEO: Global Disability and Disaster Town Hall
    e. CNBC: The Hidden Struggles American's Disabled are Facing During the Coronavirus Pandemic
    f. Center of Research Excellence in Disability and Health: An Important Message About People with Disabilities and the COVID-19 Response
    g. AAPD: How The Disability Community Can Respond to COVID-19
    h. University of New Mexico: Center for Developmental Disability: Resource Navigator
    i. American Association of Health and Disability: COVID-19 Disability Survey

Disability Rights and Advocacy

28. COVID and Civil Rights
    a. Federal Agencies and Civil Rights
        i. Department of Justice: Coronavirus Response

IMPORTANT PHONE NUMBERS

- New Mexico Department of Health Coronavirus Hotline: 1-833-551-0519
- State of New Mexico Coronavirus non-medical issues and questions: 1-833-551-0518
- UNM Mental Health: 505-272-2800
- Alcoholics Anonymous: 505-266-1900
- AGORA NM Crisis Center: 505-277-3013
- Domestic Violence Hotline: 1-800-773-3645
- Child Abuse Hotline: 505-841-6100
- Adult Protective Services: 1-866-654-3219 or 1-505-476-4912
- City of Albuquerque Senior Information Line: 505-764-6400
- New Mexico Crisis and Access Line: 1-855-662-7474
- Report Child Abuse: 1-855-333-SAFE (7233)

ii. Health and Human Service: Office of Civil Rights Bulletin: Civil Rights, HIPAA and COVID-19
iii. Health and Human Services Office of Civil Rights: Issues Bulletin on Civil Rights Law and HIPAA Flexibility That Apply During the COVID-19 Emergency
    1. NYT: U.S. Civil Rights Office Rejects Rationing Medical Care Based on Disability, Age
iv. FEMA: Accessible Public Service Announcements Category B: Emergency Protective Measures and Accessible Communications
v. TELECONFERNCE: FEMA and HHS Civil Rights Stakeholders About COVID-19

b. National Council on Disability
    i. National Council on Disability: COVID-19
    ii. National Council on Disability: NCD COVID-19 Letter to HHS OCR

c. Disability Rights New Mexico
    i. Disability Rights New Mexico: COVID-19

d. Disability Organizations
    i. United Spinal: Save Our People Protect the SCI/D Community from COVID-9
    ii. National Council on Independent Living: Urgent Action Alert
    iii. Disability Rights Washington: Civil Rights Complaint
    iv. Access: COVID-19 Information for Providers

e. Civil Rights and Equity
    i. NAACP: The Equity Implications of COVID-19
    ii. Rotted in Rights: Disability Accommodations and Supports Can Help Everyone Prevent COVID-19
    iii. NYU Center for Disability Studies: Disability Justice and COVID-19
    iv. Disability Rights Education and Defense Fund: Preventing Discrimination in Treatment of COVID 19
    v. Georgetown University: Berkley Center: Concerns for People with Disabilities During COVID-19
    vi. ACLU: COVID-19 Disability Resources
    vii. American Bar Association: COVID-19 Series
    viii. The Leadership Conference on Civil Rights and Human Rights: COVID-19

29. Opinions and Views – Advocacy

i. NYT: I Will Not Apologize for My Needs
ii. VOX: The Disability Community Has a Lot to Reach a World in Crises, Say the Director of Crip Camp
iii. VOX: We're Being Pushed Again: How People with Intellectual Disabilities Are Experiencing the Pandemic
iv. ABC: Coronavirus Restrictions Put Extra Burden On the Blind Community Experts
v. The Hill: Disabled Advocates Warn Coronavirus Stimulus Does Not Address Pandemic's Impact on Community
vi. NPR: HHS Warns States Not to Put People With Disabilities at the Back of the Line for Care
vii. NPR: With Schools Closed, Kids with Disabilities are More Vulnerable than Ever
viii. Huffington Post: People with Disabilities and Coronavirus
ix. LGBTQ: SAGE National LGBT Elder Hotline
x. Ed Source: Despite Assurance of Flexibility, Education Fear Liability in Online Instructions of Special Ed Students
xi. We're All Together: Our Coronavirus Response Must Include Disabled and Low Income People
xii. Yale University: Right to Be Rescued
xiii. Center for Public Representation: COVID-19 Legislation
    i. AAPD: Disability Advocacy from COVID-19

Health Care, Insurance, Medicare and Medicaid

30. Tele-Medicine

a. CMS News Room: Medicare Telemedicine Health Care Provider Fact Sheet

b. State of New Mexico: Medicaid Program and Superintendent of Insurance Issue New Requirements to Promote Telemedicine During COVID-19 Emergency

c. Presbyterian: Emergency Telehealth Guidance

31. Hospitals and Health Care

a. New Mexico Hospital Association
b. New Mexico Health Care Association and Center for Assistive Living: COVID-19 Updates
c. WEBINAR: NMHCA/NMCAL Presented by NMDOH, Department of Epidemiology on March 10, 2020

32. Home Care

a. National Center on Caring: Coronavirus: Resources and Articles for Family Caregivers

33. Health Insurance, Social Security and Medicare, Medicaid

    a. New Mexico Human Services Department Letter of Directions: Centennial Care
    b. New Mexico BlueCross BlueShield: COVID-19
    c. New Mexico Department of Health: Insurance Superintendent Guarantees Free COVID-19 Testing and Treatment for New Mexicans
    d. State of New Mexico: Insurance Office: COVID-19 Call Center
    e. Centers for Medicare & Medicaid Services: Coronavirus
    f. CMS: Guidance for Infection Control and Prevention of Coronavirus Disease 2019 (COVID-19) In nursing homes
    g. Social Security Administration: COVID-19 Updates

TESTING INFORMATION: COVID-19

- New Mexico Department of Health Coronavirus Hotline: 1-833-551-0519
- State of New Mexico Coronavirus non-medical issues and questions: 1-833-551
- NMDOH COVID: Screening/Testing website
- NMDOH: List of Screening and Testing Locations

Employment and Equal Opportunity Employment

34. Employment

    a. New Mexico Center on Law and Poverty: 5 things you should know about your rights as a worker during Coronavirus
    b. New Mexico Workforce Solutions: COVID-19
        i. Workforce Solutions Fact Sheet and Hoja de Hechos
        ii. VIDEO: Workforce Solutions VIDEO Unemployment Insurance: Virtual Town Hall
    c. New Mexico Small Business Urged to Apply Quickly For Federal Stimulus Loans
    d. U.S. Department of Education: Vocational Rehabilitation Questions and Answers
    e. U.S. Department of Labor: Additional Guidance Explaining Paid Sick Leave, Medical Leave Under the Families First Coronavirus Response Act

35. Employment Opportunity Employment

    a. EEOC and ADA, Rehabilitation Act COVD-19 and Webinar
    b. U.S. Department. of Labor: COVID 19 and the American Workplace
    c. Job Accommodation Network: The ADA and Managing Reasonable Accommodation Requests From Employees With Disabilities In Response to COVID-19
    d. William Goren: The ADA and Coronavirus The Key Concepts
    e. Kessler Foundation: 2020 Special Report Workers with Disabilities in the COVID Economy
    f. Human Rights Campaign: Data on the Economic Impact of COVID-19 on LGBTQ Communities of Color

Resources for Kids and Childcare

36. Children, Childcare, Parenting

    a. New Mexico Kids:
        i. COVID-19 State Resources
        ii. Childcare Search
    b. New Mexico Children, Youth and Families Department: Fact Sheets
        i. Guidance for Child Care Providers
        ii. CYFD to Increase the Use of Phone, Video Visits with Children
    c. Office of Administration of Children and Families: COVID-19 Resources
    d. CDC: Talking with children about Coronavirus Disease 2019: Messages for parents, school staff, and others working with children
    e. NPR: Coronavirus And Parenting: What You Need To Know
    f. CDC: Talking with children about Coronavirus Disease 2019: Messages for parents, school staff, and others working with children
    g. NPR: Coronavirus And Parenting: What You Need To Know
    h. NYT: What Are the Rules for Play Dates During the Coronavirus Crisis?
    i. Parenting during Coronavirus: What to know about play dates, education and more
    j. PBS: How to Talk to Your Kids About Coronavirus
    k. Albuquerque Journal: How to speak with kids about Coronavirus
    l. Harvard Health Publishing: How to Talk to Children About the Coronavirus
    m. Childcare Aware of America: Coronavirus What Childcare Providers Need to Know
    n. National Child Traumatic Stress Network: Parent/Caregiver Guide To Helping Families Cope with the Coronavirus Disease 2019
    o. U.S. Department of Health & Human Services: Office of Head Start: Coronavirus Prevention and Response

37. For Kids and Youth

    a. Brain Pop: COVID-19 Video for Children
    b. Just for Kids: Comic Exploring The New Coronavirus
    c. Mind Heart: CoviBook Short Story for Under Age Seven Children in 21 Languages
    d. Audible: Free Children's Stories
    e. Albuquerque & Bernalillo County Public Library: Borrow up to 10 ebooks from Public Library (with library account)
    f. Market Watch: Virtual Field Trips
    g. Duolingo Kids: Learn Languages ages 4 and up (free app)
    h. Spanish Experiment: Online Resources
    i. Ted Ed: Earth School- A 30 day Nature Adventure

38. Child Welfare

    a. VIDEO: The State of Texas: Webinar/Panel on Supporting CSEY with Trauma-Informed

Advocacy/Case Management During Covid19

b. Darkness to Light: Protecting Children During a Crises
c. National Center for Missing & Exploited Children: NetSmartz
d. TCU: Karen Purvis Institute of Child Development: Free Training on Trauma-Informed Care for Children and Youth

Teaching and Access to Education

39. Teaching and Education

a. Newmexico.gov: Education Affected by COVID-19
b. Newmexico.gov: Meal Site locations
c. New Mexico Public Education Department
    i. COVID-19
    ii. PED and Students with Disabilities
d. Albuquerque Public Schools: Information on COVID-19
e. Newmexico.gov: Frequently Asked Questions About the Extended Public School Closure
f. U.S. Department of Education: COVID-19
g. National Association of Social Workers: COVID-19 Homepage
h. Readiness and Emergency Management for Schools (REMS): COVID-19

40. Accessible Education

a. VIDEO: U.S. Department of Education Office of Civil Rights Short Webinar on Online Education and Website Accessibility
b. Mapping Access: Accessible Teaching in the Time of COVID-19
c. Disabilities, Opportunity Internetworking, and Technology: 20 Tips for Teaching an Accessible Online Course
d. Equidox: Coronavirus and Accessible Education
e. Math Antics: Math Video with Captions
f. University of New Mexico: Accessibility Resource Center
g. New Mexico State University: Student Accessibility Services
h. New Mexico Highlands University: Accessibility Services
i. U.S. Department of Education and CDC: Questions and Answers on Providing Services To

Children with Disabilities During Coronavirus Disease 2019 Outbreak

j. U.S. Department of Education: Supplemental Fact Sheet Addressing the Risk of COVID-19 in Preschool, Elementary and Secondary Schools While Serving Children with Disabilities
k. Perkins School for the Blind eLearning: Preparing for Virtual Instruction
l. National Center for Special Education in Charter Schools

Financial Assistance, Bills, Utilities, Housing

41. Utilities

    a. Newmexico.gov: Full List of Utilities
        i. Comcast: Announces Comprehensive COVID-19 Response to Help Keep Americans Connected to the Internet
        ii. PNM: COVID-19
        iii. AT&T: COVID-19: Our Response
        iv. New Mexico Courts: Temporary Moratorium on Evictions and General Court Information
        v. FCC: Service Providers Pledge Consumers Supporting During Pandemic
        vi. New Mexico Gas: Coronavirus Information

42. New Mexico Financial Hardship

    a. Newmexico.gov: Financial Hardship
    b. Center for Disability-Inclusive Community Development: Promoting Financial Health and Resiliency for People with Disabilities and Their Families During COVID-19
    c. Paying Taxes
    d. Fines and Fees to Courts Mortgage Payments
    e. Cell Phone Bills
    f. Utility Bills
    g. Lost Job
    h. Affordable Child Care
    i. Running low on Food
    j. Office of Federal Student Aid: Coronavirus and Forbearance Info for Students, Borrowers, and Parents

VIDEO: DISABILITY and COVID-19

- VIDEO: New Mexico Commission for the Deaf and Hard of Hearing: ASL Video
- VIDEO: Governor Michelle Lujan-Grisham's Stay at Home Order: ASL Video
- VIDEO: U.S. Department of Education Office of Civil Rights Short Webinar on Online Education and Website Accessibility
- VIDEO: Google Resources
- VIDEO: 'Go Home!': Mel Brooks and Son Max Share a Comedic PSA on the coronavirus
- VIDEO: CDC COVID-19 What Older Adults Need to Know
- VIDEO: Brain Pop: COVID-19 Video for Children
- VIDEO: World Institute on Disability: Global Disability and Disaster Town Hall

Volunteer and Donations

43. All Together New Mexico Fund
    a. All Together New Mexico Fund

44. Blood Donations
    a. KRQE: Blood Donation Information
    b. New Mexico Blood Banker: Locations

45. Volunteering, Charities and Food Access

    a. Fight For Our Lives: Mutual Aid
    b. Just Serve: Providing Services During COVID-19
    c. Newmexico.gov: Collaborative Emergency Donation Drive for Homebound Seniors & Disabled People
    d. Newmexico.gov: Here's How You Can Help During COVID-19
    e. New Mexico Food Bank
    f. Open Source Mutual Aid List
    g. Charity Navigator: Coronavirus
    h. New Mexico Food Bank: COVID-19 Update
    i. RoadRunner Food Bank: COVID-19 Watch

Faith Based

46. Faith Based Support

    a. The New Mexico Conference of Churches
    b. The Santa Fe Community Foundation

Spiritual and Mental Tips

47. For At Home

    a. New Mexico Department of Human Services: Isolation, Grief, Loss & Trauma During COVID-19
    b. While at Home
    c. American Psychiatric Association Foundation: Working Remotely During COVID-19

48. Other Tips

    a. May Clinic: COVID-19 Tips for Mindfulness and Coping with Anxiety
    b. NewMexico.gov: Things You Can Do to Fight Loneliness, Boredom While Self Isolating for

COVID-19

c. ADA Live: Episode 79 (Part 1 of 3): Protecting Your Mental Health During the Coronavirus Outbreak
d. Harm Reduction Coalition: COVID-19 Resources for People Who Use Drugs and People Vulnerable to Violence
e. NYC Mayo's Office for People with Disabilities: Virtual Activities Toolkit

Domestic Violence

49. Domestic Violence

    a. New Mexico Crisis Line 1-855-NMCRISIS 1-855-662-7474
    b. New Mexico Coalition Against Domestic Violence
    c. National Domestic Violence Helpline 1-800-799-(SAFE)7233
    d. KQED: How to Shelter in Place If You Live With Domestic Abuse
    e. CYFD: To Report Child Abuse 1-855-333-SAFE (7233)

Social Media, Blogs and Twitter

50. New Mexico Twitter accounts to follow

    a. @NewMexicoAging
    b. @GovMLG
    c. @NMPED
    d. @NMHSD
    e. @NMDOH
    f. New Mexico Social Media Accessibility Guide

51. Website and Digital Accessibility

    a. World Wide Web Consortium
        i. COVID-19 Remote Meet, Work, Class Community Group

New Mexico Connect App: Crisis and Access Line

Available in iOS and Android

- Directly connect to a counselor or peer support worker
- Directly text a peer support worker
- Access up to date resources for substance use, mental health services, and other community resources
- Information on the state response to COVID-19

HOW TO MAKE SOCIAL MEDIA POSTS ACCESSIBLE

Twitter - First, enable alt-text within your account settings under "accessibility." then before tweeting an image you will receive a prompt that says "add description."

Facebook - When posting an image, tap "edit photo" and then "add alt text."

Instagram - When posting, go to "advanced settings" and then "Write alt-text."

For More information on Social Media Accessibility visit Digita.gov:/social media

b. U.S. Government Services Administration
c. NYC Mayor's Office for People with Disabilities: Virtual Meeting Guide

52. Podcasts: Accessibility and COVID-19

a. Accessible.org: Podcast
b. The AccessibleStall: Podcast
c. Voice America: Disability Matters

53. Blogs

a. Disasterology: COVID-19 Curated Article List
b. Marginal Revolution

Tribes, Pueblos and Nations

54. Tribal

a. Navajo Nation: COVID-19
b. White House: Coronavirus Pandemic: Response and Recovery Through Federal-State-Local-Tribal Partnership
c. U.S. Indian Health Services: COVID-19
d. National Congress of America Indians: COVID-19
e. Native American Disability Law Center

Immigrant and Language Access

55. Immigrant Support

a. New Mexico Immigrant Law Center: COVID-19 Resources and Updates
b. National Immigration Law Center: Update on Access to Health Care for Immigrants and Their Families
c. City of Albuquerque: Information for in Multiples Languages
d. National Disability Rights Network: Immigrants with Disabilities at risk for COVID-19 in Detention Centers
e. NM Voices for Children

56. Language Access

a. CDC: Resources in various language
    i. English Spanish Chinese Korean Amharic Burmese Karen Nepali
b. Mind Heart: CoviBook Short Story for Under Age Seven Children in 21 Languages
c. Undocuscholars: COVID-19 Resources and National Spreadsheet of Language Access Resources

Veterans

57. Veterans
    a. U.S. Department of Veterans Affairs: Novel Coronavirus (COVID-19)

ADA National Network

58. ADA National Network
    a. ADAcovid19.org
    b. ADA National Network: Coronavirus Disease
    c. Mid Atlantic ADA Center: Coronavirus Information and Resources
    d. South East ADA Center: Coronavirus COVID-19 Resources
    e. Pacific ADA Center: COVID-19

ADAcovid19.org

- Alerts
- Fast Facts
- Events
- Resources
- En Español
- Share Your Story

Stay Current: Local Government and News

59. Municipal Government Stay Current: Local Government
    a. City of Albuquerque: Coronavirus Impact on City Services
        i. City of Albuquerque: Information for in Multiples Languages
    b. City of Santa Fe: All Together Santa Fe
        i. City of Santa Fe: COVID-19 Updates and Information City
    c. of Las Cruces: COVID-19 Alerts And Community Updates

60. News Resources and Current Impacts
    a. Albuquerque Journal: Coronavirus In New Mexico
    b. New Mexico In Depth: COVID-19 News and Resources
    c. Santa Fe New Mexican: Coronavirus
    d. New Mexico Political: Report COVID-19
    e. KRQUE: Coronavirus Concerns
    f. KOAT: Coronavirus Updates
    g. Disability Inclusion News

61. Wall Street Journal

    a. Wall Street Journal: Live Coverage of CORONA-19

62. NYT: The Coronavirus Outbreak

    a. NYT: The Coronavirus Outbreak free access to the most important news and useful guidance on the coronavirus outbreak to help readers understand the pandemic.

63. World Health Organization

    a. World Health Organization: COVID-19 Global Situation: Situation Report

Centers for Disease Control

64. Center for Disease Control and Prevention cdc.gov –Important Selections

    a. CDC: COVID-19 Website (English/Español)
    b. CDC: Guidance for Direct Service Providers
    c. CDC: Guidance for Group Homes for Individuals with Disabilities
    d. CDC: Guidance for Direct Service Providers, Caregivers, Parents, and People with Developmental and Behavioral Disorders
    e. CDC: People with Developmental and Behavioral Disorders
    f. CDC: People At Risk For Serious Illness From COVID-19
    g. CDC: COVID-19: Long term Care Facilities, Nursing Homes
    h. CDC: Interim Guidance for Homecare
    i. CDC: Interim Guidance for Administrators of US Childcare Programs and K-12 Schools
    j. CDC: Guidance for Travelers
    k. CDC: Interim Guidance: Get Your Household Ready for COVID-19
    l. CDC: Resources for Colleges and Universities
    m. CDC: Interim Guidance for Businesses and EmployersCDC: Interim Guidance for Risk Assessment and Public Health Management of Persons with Potential COVID-19 Exposure in Travel-associated or Community Settings
    n. CDC: Caring for Yourself at Home
    o. CDC: Children
    p. CDC: Talking with Children

WEBINARS: DISABILITY AND COVID-19

- VIDEO: New Mexico Commission for the Deaf and Hard of Hearing: ASL Video
- WEBINAR: NMHCA/NMCAL Presented by NMDOH, Department of Epidemiology on March 10 2020
- WEBINAR: EEOC and ADA, Rehabilitation Act COVD-19 and Webinar
- ADA Live: Episode 79 (Part 1 of 3): Protecting Your Mental Health During the Coronavirus Outbreak
- WEBINAR: ADA National Network: Webinar Calendar
- Webinar: ADA National Network: ADA Coordinator Involvement in Emergency Management
- WEBINAR: Access: Remote Assistive Technology

q. CDC: Resources for Community- and Faith-Based Leaders
r. CDC: Interim Guidance for Public Health Professionals Managing People With COVID-19 in Home Care and Isolation Who Have Pets or Other Animals
s. The following is a list of coronavirus resources in various languages from:
    i. English Spanish Chinese Korean Amharic Burmese Karen Nepali

Safe Eating and Food Delivery

65. Safe Eating and Food Delivery
    a. CNET: How to Safely Order Food Delivery, Takeout and Groceries During Coronavirus Quarantine
    b. Greatist: How to Shop in Consideration of Other During Self-Quarantine

66. Environmental Protection Agency (EPA)
    a. EPA: list of disinfectants to fight COVID-19
    b. Helpful Poster about Sanitizing & Precautions

Inclusive Emergency Management

67. Federal Resources
    a. Homeland Security: Civil Rights in Emergencies and Disasters
    b. Homeland Security: Tips for Effectively Communicating with the Whole Community
    c. HHS Emergency Preparedness
    d. HHS Health Emergency Preparedness Information Gateway: Standard of Care and Civil Rights
    e. Federal Transit Administration
    f. FEMA Civil Rights
    g. FEMA: Non-Congregate Sheltering
    h. Department of Justice: Communicating with Deaf People in a Hospital Setting

68. Partnership for Inclusive Disaster Strategies
    a. Partnership for Inclusive Disaster Strategies: COVID-19
    b. COVID-19 Breaking News
    c. COVID-19 Disability Community Wide Resources

69. ADA National Network and Emergency Management Resources
    a. Accessibility At Drive-Thru Medical Sites
    b. Pacific ADA Center: Heath Care and the Americans with Disabilities Act
    c. Pacific ADA Center: Emergency Preparedness Publications & Resources

70. Other Inclusive Emergency Management Resources
    a. American Red Cross: Non-Congregate Shelter Accessibility Checklist
    b. Sightsavers: Guidance for Including People with Disabilities in Response to the COVID-19 Pandemic

71. Recovery Resources
    a. New Mexico: All Together New Mexico: COVID-Safe Practices for Individuals and Employers
    b. National Disability Institute: Financial Resilience
    c. ADA Title III New and Insights: Seyfarth Shaw LLP on Reopening Businesses Face Thorny Customer-Facing Issues

Important Phone Numbers

72. Important Phone Numbers

- New Mexico Department of Health Coronavirus Hotline: 1-833-551-0519
- State of New Mexico Coronavirus non-medical issues and questions: 1-833-551-0518
- UNM Mental Health: 505-272-2800
- Alcoholics Anonymous: 505-266-1900
- AGORA NM Crisis Center: 505-277-3013
- Domestic Violence Hotline: 1-800-773-3645
- Child Abuse Hotline: 505-841-6100
- Adult Protective Services: 1-866-654-3219 or 1-505-476-4912
- City of Albuquerque Senior Information Line: 505-764-6400
- New Mexico Crisis and Access Line: 1-855-662-7474
- Report Child Abuse: 1-855-333-SAFE (7233)
- Economic Development Department for Small Business: 1-505-827-0300
- Food Assistance for School Age Children Route to Public Ed: 505-827-6683
- SNAP Benefits Route to HSD/Income Support: 1-800-283-4465
- WIC Questions on food or formula: 1-505-819-7028
- WIC Operations Manager: 1-505-819-7028
- WIC General Questions: 1-866-867-3124
- Health Insurance route to HSD/Medicaid: 1-800-283-4465

- If not eligible for Medicaid apply for affordable health insurance through NMHIX or call 1-855-996-6449
- Housing Assistance Mortgage Finance Authority (MFA) Emergency Hotline: 1-800-444-6880
- Childcare Needs: 1-800-691-9067
- Volunteer or need a Volunteer: 505-476-2200